Schjødt



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## Helge Stemshaug

### Partner

Helge has more than 25 years of experience advising on high profile and complex antitrust and merger control cases after being Director of legal affairs at the Norwegian Competition Authority. He has extensive experience with Norwegian Phase II merger investigations, where he has gained clearance for many of Norway's largest and most complex mergers.

For more than 25 years Helge has moderated the Annual Competition Law Conference in Norway, organized by the Center for Continuing Legal Education in Norway.

## Practice Areas

EU & Competition

## Rankings

2026

Tier 1- Chambers Europe

2026

Leading Partner - Legal 500

2026

Thought Leader - Lexology

2026

#1 - Kapital (Norway)

## Education

1992

Cand. jur, University of Oslo

1990

LLM, University of Southampton