Schjødt



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Oslo

Christian Fredrik Michelet

Partner

Christian Fredrik has more than 40 years of experience in the oil, gas and energy industries, both working as an attorney and as an oil company executive. He is advising oil and energy companies on both legal and strategic issues on a global basis. He has also been advisor to governments in many oil and gas producing countries. His practice covers all aspects of the oil and gas industry. He is also engaged in renewable energies, including offshore wind, solar projects and hydrogen projects.

Christian Fredrik is admitted to the Supreme Court of Norway. He has been involved in a large number of oil and gas transactions in Norway. He has also acted as counsel in some of the major oil and gas litigations in Norway during the last decades.

Christian Fredrik frequently acts as an arbitrator in national and international arbitrations. The arbitrations cover most commercial matters, including the oil, gas and energy sectors, construction, shipping and insurance. He also acts as a mediator in such disputes.

For a number of years, Chambers has ranked Christian Fredrik as a “Star Individual” in oil and gas. Legal 500 has ranked him as "Hall of Fame" in oil and gas, and Finansavisen has listed him as the leading oil and gas lawyer in Norway for more than 20 years.

Practice Areas

Oil & Gas

Shipping & Oil Services

Construction

Dispute Resolution, Litigation & Arbitration

Insurance

Mining & Minerals

Renewable Energy

Rankings

2026

Senior Statespeople in Energy Oil & Gas - Chambers & Partners Global

2026

Senior Statespeople in Energy Oil & Gas - Chambers & Partners Europe

2026

Hall of Fame: Oil and Gas - Legal 500

Education

1981

MBA, INSEAD, France

1980

Cand. jur., University of Oslo

Publications

2020

Oil and Gas Activities in Norway - Regulatory and Contractual Framework, co-writer, Gyldendal

2005

A new legal Regime for Gas Contracts, European Energy Law Report II, Intersentia, Antwerpen-Oxford, co-writer

1999

Norsk gassavsetning - Rettslige hovedelementer (Norwegian Gas Sales – Legal main elements), Oslo, co-writer

1999

The EEA Handbook 2nd ed., Universitetsforlaget, co-writer

1988

Recognition of foreign enterprises as taxable entities, International Fiscal Association

1981

Non-taxable Associations, Universitetsforlaget