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Kaare M. Risung

Partner

Kaare is a partner with focus on the technology, media and telecom sectors. His principal areas of work are commercial contracts, regulatory affairs, joint ventures, company law, private M&A and sports law. He frequently advises on large and complex projects, representing mainly industrial players, including Fortune 500 companies. Project include construction and operation of ecom networks (satellite, fiber, mobile and broadcasting), datacenters, airport fuel supply and hydrogen. Kaare also serves on several board of directors.

Kaare has been a lawyer since 1993 and joined Schjødt as a partner in 2002. He is a graduate of Davidson College with a major in Economics and of the Faculty of Law of the University of Oslo. He is ranked as leading and recommended individual in international rankings, including Chambers and Legal 500. Kaare serves as head of the legal committee of The Norwegian Olympic and Paralympic Committee and Confederation of Sports.

Practice Areas

Data Protection & Privacy

Digital Innovation & TMT

Intellectual Property

Media & Entertainment

Sports Law

Data Centers

Defence, Security & Aerospace

Mergers & Acquisitions

Private Equity & Venture Capital

Trade & Industry

Rankings

2025

Leading Partner, TMT - Legal 500

2025

Band 2, TMT: Telecommunications - Chambers & Partners

Education

1993

Cand. jur., University of Oslo

1989

BA, Davidson College

Publications

2022

Various newsletter articles on technology law

2019

Personopplysningsloven og personvernforordningen (commentary to the Norwegian data privacy act and the GDPR), co-author